

Nominator	Receipient	Description
Stacey Rohrbeck	Stacy Antoniadis	I would like to give a sweetness award to Stacy Antoniadis. For years she has done a fabulous job organizing great parties -- both the stand-alone kind like this one as well as the ones after races -- so that we can be together in a non-running atmosphere and confirming that we like our running
Nilesh Kulkarni	Karen White	
Deb Hall	Lou Polumbo	
Brian Roberts	Carly Smith	Help at the B&A marathon and two loops at the 20in24
	Stacy A Gene D Barry L	New York Spectators
	Andi	New York Spectator and the fact that we ran a billion miles together this past year
Terry Dixon	Harry Rimmer	for his work in putting together the LDT training plans and more impertantly, for always being a source of inspiration and support to everyone around him.
	"Betzwood Bunch" (Harry, Nilesh, Karen, Tracy, Thuy and Michele)	for all our fun runs on Monday and Wednesday mornings. You are the reason I get up in the morning!
Andi	Candace Gantt and Megan Morris	for both of these ladies who were my "Boston Buddies"
	Brian Roberts	for sharing his 20 in 24 ultra training plan and logging many,
	Gene DeLeo	for running me in those last 6 miles in Boston and keeping me going
	Stacy A	for our NYC Marathon spectator weekend!
	Lynn Deithorn	for being the "chauffer" to the B & A Marathon last year
		introducing us to "car bombs":-) (and looking forward to B & A this year!)
Harry Rimmer	Debbie Gordon	for working with me for the Broad St training group
	Karen White	helping with the Philly Half and More training group
	Terry Dixon	for his friendship and enduring support especially on our morning runs
Michel Freund	Terry Dixon	for always going any and all the extra miles for me during my marathon training this winter.
	Harry Rimmer	for taking me under his wing when I joined fasttracks just 6 months ago. He continues to take the time to introduce me to members as well as the area.
Stacy A	Cecy Tanori	who always comes up with bright ideas!

	Martha Lippa	for being such a genuine person
	Martha Lippa's daughter - Becky Foner	just because she is adorable, and makes a great house sitter
Robin	Andi	An 'official' THANK YOU to Andi for her leadership the past two years. More importantly thank you for your organizational skills as you passed the reins to me. You made my job transitioning in much smoother. So, from one Type A to another, I THANK YOU!
	Deb Keener	This award goes to Deb Keener for her extraordinary creativity and skill in developing the awesome van signs for Team Tutu at Badwater this year. There are no 'formal' awards given for the best decorated vans or team so we want to 'officially' award Deb Keener with an award from Team Tutu!
Keth Straw	Laszlo	I nominate Laszlo Gere for providing our members with opportunities for adventure and exploration.  For reminding us, every Sunday, that running is fun. And for taking us back to childhood memories of discovery and delight. To a time before we strapped a Garmin to our wrist and started logging miles.
Terry Kirkwood	Robin McMonagle and Mary Wood	I would like to nominate Robin McMonagle and Mary Wood for getting me thru the hills of the Atglen Bridge Run.
Bill Dolton	Nilesh Kulkarni	I'd like to recognize Nilesh Kulkarni. In addition to running with me and looking out for "the old man" on most of our long runs, Nilesh set up a surprise celebration of my 2000th mile logged back in July. He arranged for his wife, Brinda, to walk out on the bike path from Betzwood to a spot just past where I'd complete my 2000th mile with a special cake for the occasion -- proclaiming "2000 & counting..." The small group of us running together shared a little piece then Brinda brought the cake back to the picnic table to share with the other Fast Trackers running that day. Nilesh is a special friend as well as a tremendously supportive running partner
Gwen Goldberg	Tom Chaves	I was experiencing a lot of stress the other week and let it all out on Tom during a run. He was a great listener. I ended up walking the last few miles and he ran back for me to make sure I was ok. It was not necessary but extremely SWEET!

Brett	Robin McMonagle	Robin is sweet enough to send me test messages since I don't check email regularly. That's just one of many reasons
Keith Straw	Joan Osborn	Thank you for the vision that you had, and desire to create this running club. Without your passion and vision, we would not have the friendships and camaraderie that we all now experience. To you we say "THANK YOU"
Regina	Peg Calvario	Thank you for your kindness